



News Release

Public Information and Marketing

FOR IMMEDIATE RELEASE
Feb. 3, 2010

For more information contact:
Zac Reinbolt
zachary.reinbolt@swic.edu

LEARN FOR FUN WITH NONCREDIT WORKSHOPS AT SWIC

This spring, you can learn the basics of hand weaving, how to paint and even get some tips on managing stress – all through personal enrichment workshops at Southwestern Illinois College.

SWIC is offering a variety of noncredit courses in March, ranging from Creative Arts to Recreation and Leisure. Some courses offered are designed just for children. Each noncredit course will meet on Saturday, unless otherwise specified. Tuition and supply costs vary depending on the class. Tuition must be paid before the first day of class; however, supply fees should be paid to the instructor on the first day of class.

Classes for March at the Belleville Campus, 2500 Carlyle Ave., include:

COMPUTER SKILLS

- **PowerPoint Presentations** – 9-11 a.m., Saturdays, March 6-13. Fee: \$40.
- **Intermediate Microsoft Word – 2007** – Noon to 2 p.m., Saturdays, March 6-13. Fee: \$40.

CREATIVE ARTS

- **Bob Ross Oil Painting: Kitten Peeking out from Flowers** – 9:30 a.m. to 4 p.m., Saturday, March 27. Fee: \$42. Materials Fee: \$30.
- **Experimenting with Color** – 9 a.m. to noon, Saturdays, March 6 through May 1. Fee: \$147. Or from 6:30-9 p.m., Wednesdays, March 3 to April 21. No class March 17 through April 3. Fee: \$123.
- **Hand Weaving** – 9 a.m. to noon, Saturdays, March 6 to 13. Fee: \$42. Materials fee: \$15.

– MORE –

SATURDAY EXPERIENCE – ADD ONE

- **Bow Making** – 9 a.m. to noon, Saturday, March 6. Fee: \$21. Materials fee: \$10.
- **Floral Arranging Basics** – 12:30-3 p.m., Saturday, March 6. Fee: \$18. Materials fee: \$10.

HEALTH & WELLNESS

- **Eat Healthy to Good Nutrition** – 9 a.m. to noon, Saturday, March 27.
- **How to Manage Bad Stress** – 9 a.m. to noon, Saturday, March 6. Fee: \$21.

HOME & GARDEN

- **Buying a Home, Step by Step** – 9:30 a.m. to 12:30 p.m., Saturday, March 13. Fee: \$21.
- **A Bounty of Vegetables** – 9:30-11:30 a.m., Saturday, March 6. Fee: \$14.

FOOD & BEVERAGE

- **Beginning Cake Decorating** – 9 a.m. to noon, Saturdays, March 6-13. Fee: \$42. Materials fee: \$3.
- **Fondant Creations** – 9 a.m. to noon, Saturday, March 27. Fee: \$21. Materials fee: \$5.
- **Sugar Egg Molding** – 1-4 p.m., Saturday, March 6. Fee: \$21. Materials fee: \$5.
- **Moo Shu Pancakes** – 9-11 a.m., Saturday, March 6. Fee: \$14.
- **Edible Centerpieces** – 6-9 p.m., Mondays, March 29 to April 5. Fee: \$42. Materials fee: \$9.
- **Wow! Desserts from your Pantry** – 6-8:30 p.m., Monday, March 22. Fee: \$19. Materials fee: \$5.

PERSONAL ENRICHMENT

- **Baby Signs Parent Workshop** – 10-11:30 a.m., Saturday, March 27. Fee: \$11. Materials fee: \$30.
- **Preparing for your Trip to Italy** – 10 a.m. to noon, Saturday, March 13. Fee: \$14.
- **Developing a Dynamic Setting** – 9:30 a.m. to 12:30 p.m., Saturday, March 6. Fee: \$21.

– MORE –

SATURDAY EXPERIENCE – ADD TWO

- **Japanese Calligraphy II** – 8-9 p.m., Tuesdays, March 23 to May 11. Fee: \$56.
- **Japanese Conversation II** – 6-7 p.m., Tuesdays, March 23 to May 11. Fee: \$56.
- **Japanese Writing II** – 7-8 p.m., Tuesdays, March 23 to May 11. Fee: \$56.
- **An Introduction to Voiceovers** – 6-8 p.m., Thursday, March 25. Fee: \$30.

FIRST STEPS: STARTING YOUR OWN BUSINESS

- **Your Credit Rating** – 6-7:30 p.m., Friday, March 5. Fee: \$18.

RECREATION & LEISURE

- **Digital Photography II** – 9 a.m. to noon, Saturdays, March 27 to May 1. Fee: \$120.
- **About Boating Safety Course** – 8 a.m. to 4:30 p.m., Saturday, March 27. Fee: \$15.
Materials Fee: \$25.

THE RETIREMENT SCHOOL

- **Tactical Investing Workshop** – 7-8:30 p.m., Tuesday, March 2. Fee: \$20.

MATURE ADULT EDUCATION

- **Hand Weaving** – 9 a.m. to noon, Saturdays, March 6-13. Fee: \$42. Materials fee: \$15.
- **A Bounty of Vegetables** – 9:30-11:30 a.m., Saturday, March 6. Fee: \$14.
- **Preparing for your Trip to Italy** – 10 a.m. to noon, Saturday, March 13. Fee: \$14.

Courses being offered for March at Programs and Services for Older Persons, 210 North Church St., include:

CREATIVE ARTS:

- **Intermediate Quilting** – 6-9 p.m., Mondays, March 22 to April 26. Fee: \$126.

HEALTH AND WELLNESS

- **Zumba** – 6-7 p.m., Tuesdays, March 23 to May 11. Fee: \$56.

FOOD & BEVERAGE

- **The New Vegetarian** – 6-9 p.m., Wednesdays, March 24 to April 14. Fee: \$84.

– MORE –

SATURDAY EXPERIENCE – ADD THREE

Courses being offered for March at the Art Glass Studio, 1600 East A St., include:

- **Beginners Glass Bead Making** – 9 a.m. to noon, Saturday, March 13. Fee: \$75. Or 9 a.m. to noon, Wednesday, March 24. Fee: \$75.

For more information or to register, call Community Education at 618-235-2700, ext. 5393 or 5618, or toll free at 866-942-SWIC (7942), ext. 5393 or 5618.

-30-

as 12/9/09