



Community Calendar

Monday:

* Nicotine Anonymous – Meets every Monday from 7 to 8 pm at St. Clair’s Hospital in Alton, IL. For more information, call 792-1123.

* Al-Anon – will meet at 9:30 a.m. at the Second Baptist Church, 2100 Illinois Ave. in Granite City. Side door parking and entrance available. For more information, call 463-2429.

* APA-GC NO Kill Animal Shelter – Meets 1st Monday of every month at 7 p.m. at the Knights of Columbus Council 1098, 4225 Old Alton Road, in the Ladies Auxiliary room. Open to the public. For more information, call the shelter at 931-7030.

* TOPS IL 2048 – Meets every Monday at 6 p.m. at the Second Baptist Church, 2100 Illinois Ave. in Granite City. Men and Women welcome. Call Georgette at 447-183 for more information.

* TOPS IL 645 – Meets every Monday at 6:30 pm (weigh-in from 5:30 to 6:30 p.m.) at Holy Family Community Center, 2606 Washington Ave. (conference room) in Granite City. Call Clara at 876-5726 for more information. Men, women and children are welcome.

* Barbershop Harmony Society Collinsville Chapter – Meets every Monday – Rehearses at 7:30 p.m. at the American Legion Post 365, 1022 Vandalia in Collinsville. All men who would like to sing four-part a cappella harmony in the barbershop style are welcome to attend. The ability to read music is not required. For more information, call Jack Dawson at 931-3467.



Community Calendar

Tuesday:

* S.H.A.R.E. Breast Cancer Support Group – Meets 3rd Tuesday of every month at 7 p.m. at Anderson Hospital, 6800 Illinois 162 in Maryville, IL in education room #3.

S.H.A.R.E. is in its 20th year of support and continues to educate and encourage cancer survivors and those interested in supporting breast cancer with informative and timely information. All those interested are encouraged to attend. For more information, call Cindy Bone at 288-5711, ext. 447 or Barb Driesner at 656-2678.

* Hoedowners Square Dance Club – Meet every Tuesday at 7 p.m. at the Roundhouse Recreation Center, 633 N. Wood River Ave. in Wood River. Cost is \$3 per person per lesson. Beginners and couples are always welcome. Join the group for an evening of fellowship, fun and relaxing form of healthy exercise. Open to all in the community. For more information, call 656-8092 or 377-9887

* Brain Injury Support Group – Meets Quarterly – Tuesday, April 7th at 7 pm – Meet in the cafeteria of the POB at Anderson Hospital in Maryville. Open only to families of individuals receiving services from the Illinois Brain Medicaid Waiver program administered by Strader Rehabilitation in Collinsville. For more information, call 346-6641.

* National Active & Retired Federal Employees Chapter 1067 – Meets 2nd Tuesday of every Month at Ravanelli's Restaurant, 3 American Village Shopping Center, (Nameoki Road) in Granite City at 11 a.m. Cost is \$10. All currently employed and retired federal employees are invited to attend. For reservations or more information, call 344-3896.

* Granite City Rotary Club – Meets at noon every Tuesday at Niedringhaus United Methodist Church, 20th and Delmar in Granite City.

* American Legion Post #113 – Meets 4th Tuesday of each month at 1825 State Street, holds a general membership meeting at 7 p.m. at the post home. For more information, call 876-2902.

* Eagles Auxiliary 1126 – Meets 2nd & 4th Tuesday of each month at 2558 Madison Ave. in Granite City at 7:30 p.m. For more information, call 451-2109.



Community Calendar

Tuesday:

* **Bible Study** – Fountains Assisted Living Residence, 3450 Village Lane, offers Bible Study from 6 to 6:30 p.m. EVERY OTHER TUESDAY ((March 10th & 24th). Open to the community. For more information, call 931.3988.

* **Bingo** – Fountains Assisted Living Residence, 3450 Village Lane, offers Bingo from 6 to 7 p.m. EVERY OTHER TUESDAY ((March 10th & 24th). Open to the community. For more information, call 931.3988.

* **Al-Anon** – Meets every Tuesday at 8 p.m. at St. John’s United Church of Christ, 2901 Nameoki Road (rear entrance/basement). (The Last Tuesday of each month is open for family and friends) For more information, call 463-2429

***NAMI of Madison County** – Meets the 1st and 3rd Tuesday of every month from 7 pm – 8:30 pm at Chestnut Health Systems, 2054 Edison Ave. in Granite City. This is a sharing and caring group for those with mental illness. For more information call Patricia at 656-6781 or 798-9788.

***Alcoholics/Narcotics Anonymous “Paths To Recovery”** – Meets every Tuesday at 8 pm in Behavioral Health Center (Ketteler) conference room B. For more information, call 798-3166

***Pulmonary Support Group** – Meets every Tuesday at 11:30 a.m. at the Wellness Center, 2103 Iowa St. (Granite City Health Center). For more information, call Dave Shepherd at 798-3649.

***Caregiver Support Group** – Meets the second Tuesday of every month, at the Fountains of Shiloh, 1201 Hartman Lane, Shiloh from 2:30 – 4 p.m. Reservations are required. Sponsored by SWIC PSOP and The Fountains of Shiloh. It is for adults who care for elderly family members, friends or neighbors. For reservations and more information, contact PSOP Caregiver Counselor Linda Watson at 618-234-4410 ext. 7039.

***Counseling on Veterans Benefits** – SWIC Belleville Campus, 2500 Carlyle Ave.: 9am-4pm, the first Tuesday and second Friday of every month in the Information Sciences Building, Room 1050; and Sam Wolf Granite City Campus, 4950 Maryville Road: 9am-4pm, June 16 and June 26, and the third Tuesday and fourth Friday of every month in Room T-365. No appointment is necessary. For more information, call, SWIC at 618-235-2700, ext6. 5226 or toll free at 866-942-SWIC (7942), ext. 5226.



Community Calendar

Wednesday:

* Nicotine Anonymous – Meets every Wednesday from 7 to 8 p.m. at the Granite City Health Center, 2103 Iowa Street. For more information, call 792-1123.

* Grow In Illinois – Meets every Wednesday at 6:30 p.m. at St. Bartholomew's Episcopal Church, 2200 Grand Ave. GROW is a self-help and mutual support program for mental health care. Open to the public. No fee to attend. For more information call Sharon at 977-1133

* Rite of Christian Initiation For Adults – Meets every Wednesday at 7 p.m. in the Community Center RICA room, located behind Holy Family Catholic Church, 2606 Washington Ave. Those who would like to explore the Catholic faith are invited to attend. This program offers Catholics who have not received all their sacraments a chance to do so. For more information, call 452-5110

* Al-Anon Adult Children of Alcoholics - Meets every Wednesday at 2100 Madison Ave., 7 p.m. in the Behavioral Health Building (Ketteler Center), Room K106A. For information, call 798-3166.

* Nicotine Anonymous – Meets every Wednesday from 7 to 8 p.m. at the Granite City Health Center, 2103 Iowa Street. For more information, call 792-1123.

* The Grandparents Raising Grandchildren Support Group - Meets the 3rd Wednesday of every month from 10:30 a.m. – 12:30 p.m. at the PSOP Building, 201 N. Church St. in Belleville. Reservations are required. It is for older adults who are raising their grandchildren, or even their nieces or nephews. For reservations and more information, contact PSOP Caregiver Counselor Linda Watson at 618-234-4410 ext. 7039.



Community Calendar

Thursday:

*Granite City Kiwanis – Meets every 1st and 3rd Thursday of the month at: Krieger's, 3801 Nameoki Road, Granite City, at 12 noon. For more information, call Rhonda at 931-2834.

* Metro East Home Child Care Association – Meets the 4th Thursday of Every Month except July and December. Meet at 6:30 p.m. at Our Lord's Lutheran Church, 150 Wilma Drive in Maryville. This support group provides information for those in the home child care field and is open to all those interested. Refreshments will be served following presentation. For more information, call Leah at 659-0649.

* Pinochle Club – Meets every Thursday 6 p.m. at the Fountains Assisted Living Residence, 3450 Village Lane. Open to the public. For more information, call 931-3988

* Dominos Club – Meet every Thursday at 3 p.m. at the Fountains Assisted Living Residence, 3450 Village Lane. Open to the public. For more information, call 931-3988.

* Al-Anon - Meets every Thursday from 7 to 8:30 p.m. at Gateway Regional Medical Center, 2100 Madison Ave. (Ketteler Center) in room K106A. For more information, call 798-3166.

*Alcoholics/Narcotics Anonymous “Building A Foundation” – Meets every Thursday at 7 pm. Location Gateway Regional Medical Center, 2100 Madison Ave (Milonski Room-lower level). For more information, call 798-3166.

*Grief Support Series – Meets every Thursday for 8 weeks starting June 11, 2009 - The group will meet at the PSOP Building, 201 N. Church St. in Belleville. Reservations are required, and space will be limited to ensure everyone can benefit from the information and support. The grief series is free of charge. Refreshments and a copy of “The New Day Journal” will be provided.

“Grief is an expected and normal part of loss,” said PSOP Older Adult Counselor Jodi Gardner. “Grief cannot be successfully avoided; it must be recognized and experienced. It is a journey.”

For reservations and more information, contact Gardner at 618-234-4410, ext. 7031.



Community Calendar

Friday:

* Friday Afternoon Pinochle Club For Seniors 55 & Over – Meets at 12 Noon at the Harold Brown Building, Franklin Avenue and Pontoon Road in Granite City. Call 876-0257 or 876-0764 for more information. Open to singles and couples.

*Alcoholics/Narcotics Anonymous “Group” – Meets every Friday at 7 pm. Location Gateway Regional Medical Center, 2100 Madison Ave (Milonski Room-lower level). For more information, call 798-3166

*Counseling on Veterans Benefits – SWIC Belleville Campus, 2500 Carlyle Ave.: 9am-4pm, the first Tuesday and second Friday of every month in the Information Sciences Building, Room 1050; and Sam Wolf Granite City Campus, 4950 Maryville Road: 9am-4pm, June 16 and June 26, and the third Tuesday and fourth Friday of every month in Room T-365. No appointment is necessary. For more information, call, SWIC at 618-235-2700, ext6. 5226 or toll free at 866-942-SWIC (7942), ext. 5226.



Community Calendar

Saturday:

* Granite City Breakfast Group (AA Meeting) – Meets every Saturday at 10 a.m. at Gateway Regional Medical Center, 2100 Madison Ave. (Kettler Center) in Room K-106-A. These meetings are open discussion. For more information, 444-5868

*Alcoholics/Narcotics Anonymous “Acceptance” – Meets every Saturday at 7 pm. Location Gateway Regional Medical Center, 2100 Madison Ave (Milonski Room-lower level). For more information, call 798-3166

Sunday:

* The Midwestern United States Imperial Dance Club – Meet every other Sunday from 5:30 – 10 p.m. at the VFW Post 5691, 1234 Vandalia in Collinsville. Admission is \$4 for members (yearly membership is \$15) and \$6 for non-members. Lessons are included in admission. Music will begin at 6 p.m. for more information, call 618-463-2405 or visit www.musicswingdance.com

*Divorce Support Group – Meets Every Other Sunday at 6 p.m. at 4990 S. Illinois 159 in Glen Carbon. Facilitator Dr. Vickie M. Hendricks. For more information, call 288-1365.

*Alcoholics/Narcotics Anonymous “Seeking Recovery” – Meets every Sunday at 8 pm. Location Gateway Regional Medical Center, 2100 Madison Ave (Milonski Room-lower level). For more information, call 798-3166



Community Calendar

SWIC PSOP TRAVEL PROGRAM PLANS SUMMER TRIPS

Starting to plan your vacation for this summer? Don't miss on these great trip opportunities with the Southwestern Illinois College Travel Program!

Great Canadian Cities

Highlights of this trip north of the border include Montreal, Quebec City, Ottawa, Toronto, a 1000 Islands cruise, a rail journey along the St. Lawrence River between Montreal and Quebec City, and a Maid of the Mist boat ride to Niagara Falls.

The trip takes place June 10-17, and the price of the trip is \$2,699 per person for double occupancy. Price includes round-trip airfare from St. Louis, professional tour director, 11 meals, motor coach and train transportation, seven-night hotel accommodations and all taxes and gratuities.

NASCAR at the Allstate 400

Calling all NASCAR fans! From July 24-27, you can watch the pole-qualifying race, tour the Motor Speedway Hall of Fame and Museum, have a police escort to the Brickyard 400 and sit in a reserved seat!

The cost is \$1,399 per person for double occupancy and \$1,759 for a single, which covers a tour escort, roundtrip motor coach, seven meals, three-night hotel accommodations and all taxes and gratuities. Full payment is due on or before May 15.

Grand Hotels of St. Louis

Join author Pat Treacy as she leads a tour of historic St. Louis hotels, including the Statler, which changed building plumbing designs; the Lennox, home of resin baked potatoes; the Mayfair, home of the Carey Grant Room, famous salad dressing and chocolate on the pillow; and the historic Chase. Lunch is at Joe Bacardi's Restaurant.

The trip takes place Wednesday, July 1. The price of the trip is \$63 per person and includes roundtrip motor coach, escort, services of Treacy, lunch, taxes and gratuities.



Community Calendar

Fireworks and Dinner Cruise

Enjoy a night on the Mississippi River to celebrate the Fourth of July. Highlights include a prime rib dinner (or chicken strips for the kids), a cruise along the river and a fireworks show, weather permitting.

The trip is Friday, July 3. The cost is \$78 per adult and \$60 per child, which includes roundtrip motor coach, cruise, fireworks, taxes and gratuities.

The Kosher Konnection

Learn about Jewish life and traditions as Linda Koenig returns with one of the program's most popular trips. Visit the St. Louis Holocaust Museum, tour Temple Israel and learn about its six-ton sculptured altar wall, and visit the smallest Jewish cemetery in the United States. Enjoy a traditional kosher Jewish lunch and have a chance to shop for kosher goods.

The trip takes place Thursday, Aug. 6. The cost is \$66 per person, which includes roundtrip motor coach, services of Koenig, escort, lunch, all entrance fees, taxes and gratuities.

The SWIC Travel Program offers several overnight trips as well. Some of the upcoming trips include a trip to the Hudson River Valley and New York City in September; a trip to Branson, Mo., in October; and a Christmas Branson trip in November.

For more information about these trips, or to learn more about the other opportunities offered through the SWIC Travel Program, contact Nancy Bauer at 618-234-4410, ext. 7020, or 314-436-3218, ext. 7020.